More information

CASE

Dense basilar artery sign

Imaging description

Intravascular clot can be seen on unenhanced CT as a focal hyperattenuation and may be the only sign of acute ischemia (Fig. 1.1). A thrombosed vessel has a higher CT attenuation value than a normal vessel, because clot contains more protein and less serum than blood due to the deposition of fibrinogen and other clotting proteins and extraction of serum during the process of thrombus formation. When CT shows a focal hyperattenuation in the middle cerebral artery (MCA) this is known as the dense MCA sign. This provides not only a diagnosis of MCA territory infarct but also some prognostic information, because stroke patients who demonstrate a dense MCA sign on their initial CT do relatively poorly compared to those who do not have this sign (Fig 1.2) [1]. Clot in the basilar artery is not as common as MCA thrombus, but the same principles that lead to the dense MCA sign apply to basilar artery thrombosis (Fig. 1.1) [2]. Similarly, thrombosis of the other intracranial vessels, including the veins and dural sinuses, can be diagnosed on the basis of dense clot present within the vessel (Figs. 1.3, 1.4).

Importance

Unenhanced CT is the first imaging study performed in most acute neurologic presentations. Diagnosing a vascular occlusion early has great prognostic significance. Early initiation of treatment is the most important factor in achieving improved outcomes in the setting of basilar occlusion [3].

Typical clinical scenario

MCA territory infarcts are relatively easy to diagnose clinically, as patients present with focal neurologic deficits and consciousness is usually not altered. Basilar artery territory infarcts, on the other hand, may lack localizing features and are associated with varying degrees of alteration in consciousness that require a broader clinical differential diagnosis than anterior circulation infarcts.

Differential diagnosis

Increased attenuation in a vessel can result from increased attenuation of the blood or the vessel wall in addition to intraluminal clot formation. Atherosclerosis results in focally increased attenuation in vessel wall that can mimic thrombus. Increased hematocrit due to hemoconcentration or systemic disorders such as chronic obstructive lung diseases may cause diffusely hyperdense vessels that can potentially mimic the dense artery sign. Partial volume averaging, vessel tortuosity, or ectesia may also make a portion of the vessel appear denser than the other parts. Most of these possibilities can be eliminated by using thinner slices and comparing the vessel segment in question to other vessels of similar size on the same CT [4]. Of course, it is crucial to have appropriate clinical correlation. Contrast-enhanced CT/CTA or MRI/MRA can be used as a problem solver in ambiguous cases. It should be also kept in mind that the sensitivity of the dense vessel sign is relatively low. In other words, absence of dense artery sign does not exclude vessel occlusion or brain infarct.

Teaching points

The dense basilar artery sign indicates basilar artery thrombosis, basilar artery territory infarcts, and a poor outcome. In the appropriate clinical setting, the specificity of this finding is high although sensitivity is only moderate. Using thinner slices, comparing the density of the vessel in question to that of other vessels of similar size, helps to differentiate intraluminal clot from mimickers such as atherosclerosis, hemoconcentration, and vessel tortuosity. To confirm the presence of vessel occlusion, contrast-enhanced CT may be employed as a quick problem solving tool, although CTA, MRI/MRA, and sometimes digital subtraction angiography (DSA) are necessary to better characterize the extent of vessel occlusion, collateral vessels, and infarcted areas.

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SECTION 1 Cerebrovascular diseases



Figure 1.1 Acute basilar artery thrombosis. (**A**, **B**) Axial unenhanced CT images show increased attenuation in the basilar artery (arrows) as compared to the left middle cerebral artery (short arrow), indicating basilar artery thrombosis, in this patient with acute deterioration of neurologic status and alertness. (**C**) Axial image from a CTA performed shortly after shows lack of contrast filling of the basilar artery (arrow) compared to the carotids.



Figure 1.2 Axial CT images show increased attenuation associated with the left MCA and its branches (arrows) compatible with thrombosis. Decreased gray/white differentiation in the left insular ribbon and putamen (short arrow) is compatible with acute infarct.

Dense basilar artery sign | CASE 1



Figure 1.3 Axial CT shows a marked hyperattenuation in the right transverse sinus, which was confirmed to represent acute thrombosis.



Figure 1.4 Axial CT shows thrombosis of the straight sinus (arrow) and the vein of Galen (short arrow) with associated hypoattenuation in the bilateral thalami.

More information

CASE

Z Global anoxic brain injury

Imaging description

Anoxic-ischemic injury to the brain as a result of cardiorespiratory insufficiency, such as seen in cardiac arrest, respiratory arrest, prolonged hypotension, and asphyxia, is difficult to diagnose because of the subtlety and symmetry of abnormalities seen on MRI and CT scans. These scans are frequently misinterpreted, particularly when radiologists are not aware of the clinical circumstances. CT scans show diffuse decrease in gray/white differentiation and mild edema in the early stages. On MRI, diffuse increase in the cortical signal is seen on FLAIR/T2-weighted images as well as diffusion-weighted images (DWI) in most cases (Figs. 2.1, 2.2), although different patterns are occasionally encountered, including signal changes in the deep gray matter structures only, in both gray and white matter, and in the white matter only [1].

The underlying pathophysiologic processes leading to differences in pattern are not clearly understood, although essentially all types of global anoxic–ischemic injury portend a very poor prognosis. DWI sequence is the most sensitive imaging modality. DWI shows a much increased contrast difference between the diffusely abnormal cortex and relatively preserved white matter, creating a more "eye-pleasing" appearance compared to a normal DWI scan, which shows only a mild difference between gray and white matter (Fig. 2.3). However, there are differences in the normal contrast present between the cortex and white matter in different MRI scanners and different DWI sequences, and radiologists should become familiar with the normal appearance of the DWI images in their practice settings. High-b-value DWI may increase sensitivity [2].

Importance

Anoxic-ischemic injury, particularly when it is severe, often results in brain death, which has enormous implications for cessation of life support, family counseling, and organ harvesting.

Typical clinical scenario

Patients are typically comatose following cardiorespiratory arrest, prolonged hypotensive episode, asphyxia, drowning, etc.

Differential diagnosis

In the proper clinical setting there is no differential diagnosis. In strict radiological terms the differential diagnosis is between a normal scan and a severely abnormal scan, as missing this injury will result in generation of a normal MRI or CT report. One important clue is the difference in attenuation/signal of the supratentorial brain and cerebellum. Because the supratentorial structures are preferentially affected there is usually a stark difference between cerebellum and brain. When only the deep gray matter is involved (Fig. 2.4) the differential diagnosis may include Creutzfeldt–Jakob disease (CJD) and metabolic toxic injury, although the clinical features should be helpful in differentiating these. Only white matter involvement may be confused with leukoencephalopathies radiologically (Fig. 2.5).

Teaching points

Global hypoxic injury results in symmetric and subtle changes on MRI and CT scans that are easily missed. Radiologists should be familiar with the normal contrast present between the gray and white matter on their DWI sequences and look for changes in that contrast in comatose patients.

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Global anoxic brain injury | CASE 2



Figure 2.1 Axial FLAIR and DWI images show diffusely and symmetrically increased signal in the cortex and deep gray matter structures compatible with global anoxic injury. The patient had a cardiac arrest and was declared brain-dead shortly after the MRI.



Figure 2.2 Axial CT images show diffuse loss of gray/white differentiation throughout the supratentorial brain compatible with global anoxic injury. Note the attenuation of the cerebellum, which appears prominent relative to diffusely decreased attenuation of the brain. This is the "white cerebellum sign." Similar differences are observed on MRI, in particular in DWI images.

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Figure 2.3 Axial DWI images of a patient with global anoxic injury (left) and of a normal individual (right) highlight the abnormality more clearly.

Figure 2.4 A less common pattern of global anoxic injury. Axial FLAIR and DWI images show preferential involvement of the deep gray matter with preservation of the cortex except in the perirolandic area.

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Global anoxic brain injury | CASE 2



Figure 2.5 A much rarer form of global anoxic injury. White matter is involved and the cortex is spared, although quantitative apparent diffusion coefficient (ADC) evaluation showed some cortical abnormality as well.

More information

3 Acute infarction

Imaging description

CT has an unparalleled track record in the detection of intracranial hemorrhage and therefore is the first imaging study obtained in this setting. In addition to excluding intracranial hemorrhage, CT may help demonstrate early signs of acute ischemic stroke (AIS), such as insular ribbon sign, hyperdense cerebral artery sign, sulcal effacement, and development of acute parenchymal low attenuation (Fig. 3.1). Patients who have advanced signs of infarction involving more than one-third of the middle cerebral artery (MCA) territory are generally excluded from intravenous tissue plasminogen activator (tPA) therapy because of a higher risk for hemorrhagic conversion.

Advanced imaging as a triage tool for selecting patients for intravenous (IV) or intra-arterial (IA) stroke therapies beyond 3 hours is a focus of evaluation of many ongoing clinical trials [1]. Central to the idea of advanced imaging is to obtain a precise measure of the area of ischemic core versus ischemic but still viable tissue that is at risk for infarction in the absence of early recanalization (penumbra). It can be argued that patients can only benefit from recanalization if there is a relatively modest area of already infarcted tissue and significant (ideally >20% of area of core infarction) ischemic tissue that can be potentially salvaged.

Ideally, imaging would provide an assessment (or confirmation) of occlusion of a major cerebral artery, a precise measure of the area of irreversible infarction, and assessment of the surrounding perfusion abnormality. MRI, using diffusionweighted imaging (DWI), has become the gold standard to demonstrate the area of irreversible infarction. This tissue demonstrates high signal on DWI images and corresponding reduction in apparent diffusion coefficient (ADC) values. Salvageable penumbra can be operationally defined as a mismatch between the perfusion MR volume and the DW MR volume, where the perfusion MR volume indicates presumably ischemic, hypoperfused penumbral tissue and the DW MR volume represents irreversibly ischemic infarct core (Fig. 3.2).

CT imaging has its proponents, and they rely on a combination of CT angiography (CTA) (to demonstrate the vascular occlusion/cut-off) and CT perfusion (CTP). The area of irreversible infarction on CTP should demonstrate decrease in cerebral blood volume (CBV), and it can serve as a surrogate for DWI imaging. Similar to DWI–PWI mismatch, investigators have used cerebral blood flow (CBF)–CBV mismatch or mean transit time (MTT)–CBV mismatch to assess the penumbral tissue on CTP, although the latter maps may be optimal (Fig. 3.3). However, CT has disadvantages of radiation exposure and, in institutions lacking 256- or 320-slice CTs, entire brain coverage is not possible. Post-processing is relatively more cumbersome, and thresholds vary based on post-processing techniques.

Importance

Radiologists must be familiar with early signs of stroke on CT as well as assessment of perfusion abnormalities in the setting of stroke.

Typical clinical scenario

Stroke is characterized by a sudden, acute neurologic deficit that is referable to the involved vascular territory. Common presentations include hemiparesis, facial droop, aphasia, and loss of consciousness, although a myriad of possible combinations of neurologic signs and symptoms are possible.

Differential diagnosis

With proper clinical correlation, imaging diagnosis of stroke is easily accomplished, especially on MRI. However, one must be alert to the possibility that there are numerous causes of restricted diffusion on DWI studies that need to be differentiated from acute stroke. Common causes of diffusion abnormalities other than stroke include encephalitis, traumatic lesions, acute demyelination, brain abscess, and highly cellular neoplasms.

Teaching points

Revascularization may be futile if there is no significant salvageable penumbral tissue (DWI–PWI mismatch). Moreover, such recanalization is potentially harmful, since it would restore blood flow to an already infarcted area.

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Acute infarction | CASE 3



Figure 3.1 (A) Hyperdense middle cerebral artery (MCA) sign in a patient with acute left hemiparesis (arrow). **(B)** In another patient with acute stroke, the insular ribbon sign is noted (arrow). Additionally, the right-sided sulci are effaced and there is early parenchymal hypoattenuation, in comparison with the normal left side.



Figure 3.2 Utility of MRI as a trial tool for IA thrombolysis. (A) DWI, (B) PWI (MTT map), and (C) 3D time-of-flight (TOF) MRA are demonstrated in a patient with acute right MCA occlusion. Note a very small ischemic core on DWI, relatively large PWI defect, and occlusion of right M1 segment (arrow). This was successfully recanalized with IA thrombolysis, and neurologic deficits markedly improved.



Figure 3.3 MCA ischemia of 90 minutes duration.
(A) CBV map reveals an essentially completely infarcted right MCA and PCA territory.
(B) A "penumbra" map. The purple area corresponds to CBV reduction and yellow areas highlight "penumbral tissue (MTT-CBV)." It would be futile to intervene in this patient because of lack of salvageable tissue.

More information

CASE

Vertebral artery dissection

Imaging description

Vertebral artery dissections (VADs) result from intimal injury, laceration of the arterial wall, or spontaneous hemorrhage of the vasa vasorum causing a subintimal or intramural hematoma. Spontaneous dissections are presumably related to an inherent arteriopathy due to genetic factors and connective tissue disorders such as Ehlers–Danlos syndrome type IV, Marfan syndrome, and fibromuscular dysplasia. Traumatic and iatrogenic dissections are predominantly due to blunt/ penetrating injuries, chiropractic manipulation, or catheter angiography.

The imaging findings of VAD are similar to carotid artery dissection (CAD, see Case 84) with characteristic MR imaging findings of wall thickening or hematoma, crescentric high signal in subacute phase, and narrowing of the flow void (Fig. 4.1). In some cases, however, the lumen many be enlarged due to development of dissecting aneurysm. MRA and CTA are both utilized in the diagnosis of VAD, although CTA may be superior in identifying subtle signs of VAD (Fig. 4.2) such as small dissection flaps and dissecting aneurysms [1]. Lum *et al.* have described a "suboccipital rind sign" in VADs that involve the V3 segment [2]. They argue that in some cases of V3 dissections, the only imaging abnormality is the vertebral artery wall thickening, and the lumen appears normal in caliber.

The V1 and V3 segments of the vertebral artery at the points of entry (C6–C7) and exit (C1–C2 loops) from the foramen transversarium are common locations for VADs (Fig. 4.3). The V1 segment dissections are most common. Ischemic findings are common in VADs and generally embolic in nature. Embolic infarcts from VADs are most frequently observed in the distribution of the affected posterior inferior cerebellar artery although other presentations include basilar artery thrombosis or ischemia in the posterior cerebral artery.

The distal, V3 segment dissections can migrate intracranially and result in dissecting aneurysms and subarachnoid hemorrhage (SAH) (Fig. 4.4). SAH is a particularly feared complication of distal V3 dissections since this complication carries a high risk of morbidity and mortality.

Importance

VADs are an important cause of stroke in the posterior circulation, particularly in young patients. Imaging signs are generally more subtle than in CAD because of the smaller size of vertebral arteries.

Typical clinical scenario

VADs are often associated with posterior neck pain and brainstem or cerebellar ischemia. Ischemia from VADs is most frequently observed in the distribution of the affected posterior inferior cerebellar artery and commonly presents with lateral medullary (Wallenberg) syndrome. Nearly 10% of vertebral artery dissections extend intracranially, with the potential to form dissecting aneurysms, thereby presenting with subarachnoid hemorrhage.

Differential diagnosis

Proximal VADs need to be distinguished from atherosclerotic steno-occlusive disease. One should remember that VAD generally occurs slightly distal to the origin of the vertebral artery, and the origin is relatively spared. In contrast, atherosclerotic disease has a predilection for the vertebral artery origin.

Teaching points

The junction of the V1 and V2 segments is the most common location of VAD. Proximal VADs typically spare the origin of the vertebral artery. Intradural extension of distal VADs is a feared complication, with associated risk of SAH. The intradural VA is more susceptible to rupture than the extradural VA because it has a much thinner adventitia layer.

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