

Pocket Atlas of Acupuncture

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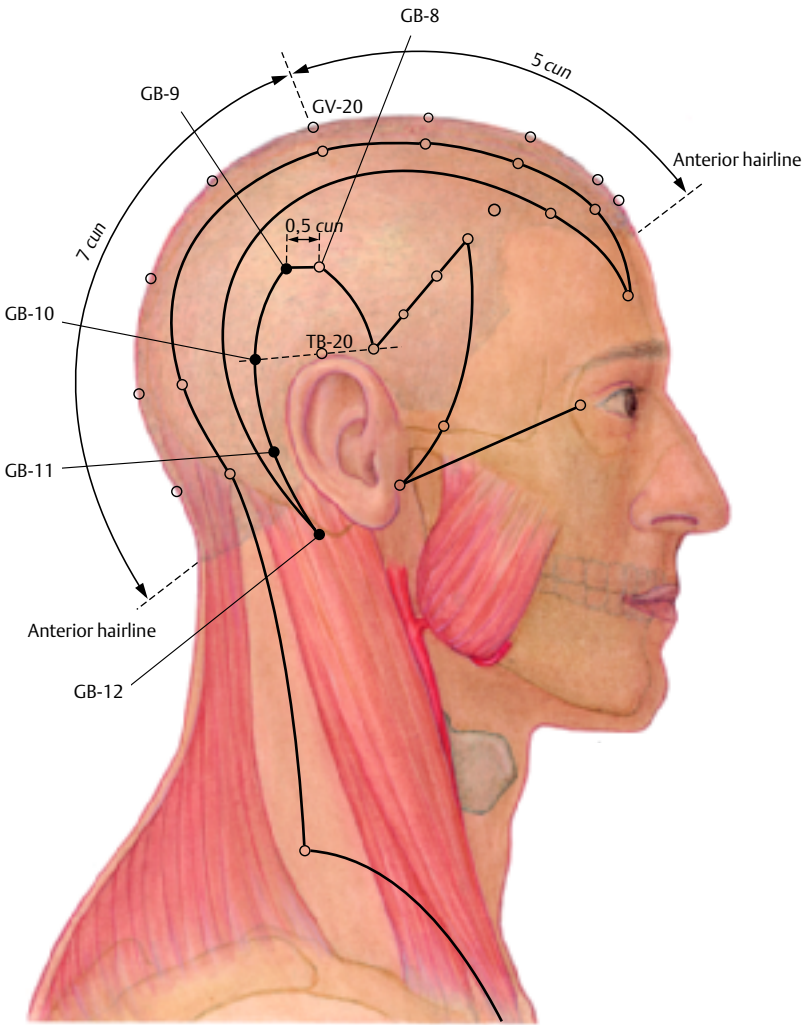
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GB-9 Celestial Hub天冲 *tiān chōng***Location**

GB-9 is 0.5 *cun* posterior to GB-8, thus 2 *cun* within the hairline.

Category

Intersection point with the main channel of the bladder.

Actions

GB-9 expels wind and stops seizures.

Indications

Epilepsy, seizures, swollen gums, headaches, and fearfulness

Needling Method

Depth 0.3–0.8 *cun*, transverse; moxibustion is allowed.

GB-10 Floating White浮白 *fú bái***Location**

GB-10 is at the same level as the tip of the ear, 1 *cun* within the hairline, on a curved line between GB-9 and GB-11.

Category

Intersection point with the main channel of the bladder.

Actions

GB-10 regulates the *qi* mechanism, and eliminates dampness and heat pathogens.

Indications

Heaviness of the head, headache, tinnitus sounding like the chirping of insects, hardness of hearing, swelling of the throat, goiter, pain in the shoulder and back, a feeling of tightness in the throat, toothache, difficult respiration, and chest pain.

Needling Method

Depth 0.5–0.8 *cun*, oblique; moxibustion is allowed.

GB-11 Head Orifice Yin窍阴, *tóu qiào yīn*

头窍阴

Location

GB-11 is posterior and superior to the mastoid process, between GB-10 and GB-12.

Category

Intersection point with the main channels of the bladder and triple burner.

Actions

GB-11 courses the *qi*, activates *ying qi* and *xue*, and eliminates wind, damp, and heat.

Indications

Spasms of the limbs, pain in the eye, swelling of the throat and cheeks, parotitis, tinnitus with sounds like the chirping of insects, hardness of hearing, deafness, bleeding in the mouth, heat in the hands and feet, a tight throat, a bitter taste in the mouth, and pain in the flanks.

Needling Method

Depth 0.5–0.8 *cun*, transverse; moxibustion is allowed.

GB-12 Completion Bone完骨 *wán gǔ***Location**

GB-12 is slightly inferior and posterior to the tip of the mastoid process.

Category

Intersection point with the main channel of the bladder.

Actions

GB-12 courses the liver *qi*, and expels wind and wind-heat.

Indications

Lockjaw, a stiff neck, headache, hemiplegia, tightness in the throat, swallowing difficulties, toothache, insomnia, paralysis of the lower extremities, epileptiform seizures, reddish or dark urine, swelling of the throat, bloating of the face, and pain in the mastoid process.

Needling Method

Depth 0.5–0.8 *cun*, oblique; moxibustion is allowed.