

Contents

1	Computational Fluid and Particle Dynamics (CFPD): An Introduction	1
1.1	What is CFPD	1
1.2	Advantages of CFPD	2
1.3	CFPD and CFD Applications in the Respiratory System	4
1.3.1	CFPD as a Research Tool	4
1.3.2	CFPD and CFD as a Training Tool	4
1.3.3	Respiratory Health Risk Assessment	6
1.3.4	Pulmonary Drug Delivery	7
1.3.5	Nasal Drug Delivery	10
1.3.6	Therapies for Sleep Apnoea	12
1.3.7	Studies in the Acinus and Olfactory Regions	14
1.3.8	Assistance to Nasal Surgery	15
1.4	Summary	17
1.5	Review Questions	18
2	The Human Respiratory System	19
2.1	Introduction	19
2.2	Nose and Nasal Cavity	20
2.2.1	Anatomy of the Nose and Nasal Cavity	20
2.2.2	Physiology of the Nose and Nasal Cavity	23
2.2.3	Nasal Cavity Variations and Diseases	25
2.3	Pharynx	27
2.3.1	Anatomy of the Pharynx	27
2.3.2	Physiology of the Pharynx	27
2.3.3	Variations and Disease of the Pharynx	28
2.4	Larynx	28
2.4.1	Anatomy of the Larynx	28
2.4.2	Physiology of the Larynx	30
2.4.3	Variations and Diseases of the Larynx	31
2.5	Tracheobronchial Tree and Deep Lung Airways	32
2.5.1	Anatomy of the Tracheobronchial Tree and Lung Airways	32
2.5.2	Physiology of the Tracheobronchial Tree and Lung Airways	36

2.5.3	Variation and Disease of the Tracheobronchial Tree and Lung Airways	37
2.6	Respiration Physiology	38
2.6.1	Lung Volumes and Capacity	38
2.6.2	Mechanics of Breathing	39
2.6.3	Airflow Dynamics and Resistance	40
2.6.4	Gas Exchange	41
2.7	Summary	43
2.8	Review Questions	44
3	Reconstruction of the Human Airways	45
3.1	Introduction	45
3.2	Medical Image Acquisition	45
3.2.1	Computed Tomography (CT)	45
3.2.2	Magnetic Resonance Imaging (MRI)	48
3.2.3	CT vs MRI	49
3.2.4	Other Medical Imaging Techniques	50
3.3	Image Segmentation	51
3.3.1	Overview	51
3.3.2	Edge Detection	52
3.3.3	Thresholding	56
3.3.4	Region Based Segmentation	56
3.3.5	Using Specialised Medical Software	58
3.3.6	Surface and Volume Reconstruction	58
3.4	Examples	60
3.4.1	Implementation of Different Segmentation Algorithms	61
3.4.2	Nasal Cavity, Pharynx, and Larynx	62
3.4.3	Oral Cavity	64
3.4.4	Tracheobronchial Airway Tree	65
3.4.5	Pulmonary Acinar Region	67
3.5	Summary	70
3.6	Review Questions	71
4	Generation of Computational Mesh for CFPD Simulations	73
4.1	Introduction	73
4.1.1	Mesh Topology	74
4.2	Structured Mesh Systems	74
4.2.1	Structured Mesh Properties	74
4.2.2	Body-fitted Mesh	76
4.2.3	Multi-block Mesh	77
4.3	Unstructured Mesh Systems	80
4.3.1	Unstructured Mesh Properties	80
4.3.2	Delaunay Triangulation	82
4.3.3	Quadtree/Octree Subdivision	83
4.3.4	Advancing Front Connectivity	83
4.3.5	Comparisons Between Structured and Unstructured Mesh ..	85

4.4	Mesh Generation	86
4.4.1	Mesh Design Strategy and Quality	86
4.4.2	Local Refinement and Solution Adaptation	88
4.4.3	Mesh Independence	91
4.4.4	Mesh Generation Software	92
4.5	Examples	92
4.5.1	Meshing the Nasal Cavity	92
4.5.2	Meshing the Trachea and Primary Bronchi	94
4.5.3	Meshing the Upper Respiratory Airway Inside a Human Body	95
4.6	Summary	98
4.7	Review Questions	98
5	Fundamentals of Fluid Dynamics	101
5.1	Introduction	101
5.2	Fluid Dynamics and Governing Equations	101
5.2.1	Mass Conservation	101
5.2.2	Momentum Balance	104
5.2.3	Energy Conservation	111
5.3	Turbulent Flow	114
5.3.1	What is Turbulence?	114
5.3.2	Introduction to Turbulence Modelling	118
5.3.3	Additional Equations for the $k-\omega$ Turbulence Model	120
5.3.4	Other Turbulence Models	122
5.3.5	Near-Wall Modelling	125
5.3.6	Turbulence Modelling Approach	128
5.3.7	Laminar and Turbulent Flow Examples	132
5.4	Generic Form of Governing Equations	135
5.5	Summary	136
5.6	Review Questions	137
6	Fundamentals of Particle Dynamics	139
6.1	Introduction	139
6.2	Describing Particle Motion	140
6.2.1	Lagrangian Method	141
6.2.2	Eulerian Method	143
6.2.3	Linking the Fluid and Particle Equations	145
6.3	Particle Diameters	146
6.3.1	Particle Shape and Equivalent Diameters	147
6.4	Forces Acting on a Particle	149
6.4.1	Drag Force and Drag Coefficient	149
6.4.2	Cunningham Correction Factor	150
6.4.3	Particle Relaxation Time, Stokes Number	152
6.4.4	Non-spherical Particles	154
6.4.5	Additional Forces	156
6.5	Nanoparticle Transport	158

6.5.1	Lagrangian Particle Tracking	158
6.5.2	Eulerian Diffusion Models	160
6.6	Turbulent Particle Dispersion	162
6.6.1	Turbulent Fluctuations	163
6.7	Summary	165
6.8	Review Questions	165
7	Numerical Methods and Its Solution	167
7.1	Introduction	167
7.2	Discretisation of Governing Equations	168
7.2.1	Finite Difference Method	169
7.2.2	Finite Volume Method	174
7.2.3	One-dimensional Steady State Diffusion	179
7.2.4	One-dimensional Steady State Convection-diffusion	187
7.3	Numerical Solution	193
7.3.1	Direct Solution Methods	194
7.3.2	Iterative Methods	197
7.3.3	Solution for a One-dimensional Steady Diffusion Equation ..	198
7.3.4	Pressure-velocity Coupling	202
7.4	Numerical Solution OF ODES	209
7.4.1	Forward Euler Ethod	209
7.4.2	Runge-Kutta Method	211
7.4.3	Implicit Methods for Stiff ODEs	213
7.5	Solution Analysis	215
7.5.1	Consistency, Stability, Convergence, Accuracy	215
7.5.2	Solution Errors	217
7.5.3	Validation and Verification	219
7.6	Solution Procedure	220
7.6.1	Pre-processing Stage	220
7.6.2	Numerical Solver	223
7.6.3	Post Processing	224
7.7	Summary	227
7.8	Review Questions	228
8	Case Studies in the Human Respiratory System	233
8.1	Introduction	233
8.2	Modelling Inhalation and Heat Transfer in the Nasal Cavity	234
8.2.1	Inhalation Through the Anatomy and Its Physiology	235
8.2.2	Boundary Conditions	236
8.2.3	Geometry Comparisons	240
8.2.4	Wall Shear Stress	241
8.2.5	Flow Visualisation	243
8.2.6	Flow Features in the Nasal Valve	246
8.2.7	Flow Features in the Middle Turbinates	248
8.2.8	Temperature Profiles	251

8.2.9	Closure	253
8.3	Toxic Particles and the Effects of Particle Morphology	254
8.3.1	Characterisation of Toxic Particles	255
8.3.2	Numerical Considerations for Particle Tracking	259
8.3.3	Deposition Patterns of Inhaled Particles	264
8.3.4	Closure	284
8.4	Optimisation of Nasal Drug Delivery	285
8.4.1	Nasal Spray Atomization Experimental Images	286
8.4.2	Nasal Spray Atomization	288
8.4.3	Setup and Validation of the CFD Model	291
8.4.4	Swirl Fraction, λ	293
8.4.5	Initial Particle Velocity	295
8.4.6	Insertion Angle, α	300
8.4.7	Full Spray Cone Angle, β	302
8.4.8	Implications for Nasal Drug Delivery	305
8.4.9	Closure	307
8.5	Effects of Asthma on the Fluid-Particle Dynamics in the Lung Airways	308
8.5.1	Geometry and Computational Setup	309
8.5.2	Airway Geometry Recovery	310
8.5.3	Airflow Distribution and Pressure Coefficient	313
8.5.4	Particle Deposition Patterns	314
8.5.5	Considerations for Modelling Pulmonary Drug Delivery	315
8.5.6	Closure	316
8.6	Summary	316
8.7	Review Questions	317
9	Advanced Topics and Future Trends	321
9.1	Introduction	321
9.2	Advanced Modelling	321
9.2.1	Moving/Deforming mesh	321
9.2.2	Fluid Structure Interaction	323
9.3	Advanced Particle Modelling	326
9.3.1	Particle Breakup for Drug Delivery	326
9.3.2	Particle-particle Collision and Turbulence Modulation	329
9.3.3	Particle Dispersion and Deposition	331
9.4	Multiphysics Respiratory Modelling	334
9.4.1	Mucous Surface Absorption Models	334
9.4.2	Lung Airway Multiscale Modelling	336
9.5	Summary	337

Appendix A	List of Computational Software	339
Appendix B	Glossary	343
Appendix C	Fluid Dynamics Dimensionless Numbers	355
References		357
Index		371