

vii

		Preface	X111
		How to use this book	XV
		Acknowledgements	xvii
Part 1		The Study of Human Development	1
	1	Seeing children in context	3
		Introduction	4
		The nature of psychology	4
		Why study child development?	6
		Factors shaping views of children and families	8
		Images of children	19
		Theoretical orientations	27
		Chapter summary	30
	2	Concepts of development	32
		Introduction	33
		Child development concepts	33
		Personal views of human development	41
		The nature of development	41
		Statistics: a very short course!	43
		Approaches to psychological inquiry	47
		Chapter summary	51
	3	Theoretical foundations of child development	54
		Introduction	55
		Theoretical development	55
		Sigmund Freud and psychoanalytic theory	56
		Alfred Adler	60
		Erikson and psychosocial theory	61
		Behaviourism	62
		Humanism	70
		Piaget and cognitive theory	73
		Evolutionary psychology	76
		Bronfenbrenner's ecological model	77
		Social systems theory	79
		Chapter summary	89
Part 2		Conception and Birth	91
	4	Prenatal development	93
		Introduction	94
		The genetics of conception	95



viii

		Developmental psychology and genetics	103
		Contemporary developmental thinking	108
		Genetic defects	110
		Genetic counselling	111
		Chapter summary	115
	5	Birth and the newborn child	117
		Introduction	118
		Conception	118
		Development of the foetus	122
		The intra-uterine environment	126
		Giving birth	127
		Fathers and the birth process	131
		The early stages of life	135
		Chapter summary	140
Part 3		Infancy	141
	6	Physical development in infancy	143
		Introduction	144
		The principles of normal development	144
		The study of physical growth	145
		Charting children's growth	147
		Growth in height	149
		Growth in weight	150
		Motor development	151
		Physical development – an emerging order	159
		Chapter summary	162
	7	Cognitive development in infancy	163
		Introduction	164
		Theoretical foundations: Piaget	164
		Enriching early life – home environment	169
		Jerome Bruner and cognitive development	175
		Perception	177
		Chapter summary	182
	8	Social and emotional development	
		in infancy	184
		Introduction	185
		Theoretical foundations	186
		Infancy – intersubjectivity and emotional development	186
		Schematicising infant emotional development	191



	Intersubjectivity	194
	Attachment	195
	Temperament	199
	A contemporary view of infancy	203
	Chapter summary	208
Part 4	Toddlerhood	211
	Physical development of toddlers	213
	Introduction	214
	Physical growth	214
	Children and play	221
	Deaths and accidents in the early years	233
	Chapter summary	240
10	Cognitive development of toddlers	241
	Introduction	242
	Cognitive development and intelligence	242
	Theoretical foundations: Piaget	243
	Vygotsky and intellect	247
	Intelligence	251
	Language development	257
	Chapter summary	267
11	Social and emotional development of toddlers	269
	Introduction	270
	Emotional regulation	270
	Children's relationships within the family context	271
	Theoretical foundations	271
	Psychoanalytic views of development	274
	A transactional view of development	276
	Social development	277
	Toddlers and day-care	285
	Behavioural problems	287
	Hospitalisation of young children	288
	Chapter summary	292
Part 5	The Pre-school Years	295
12	Physical development of pre-schoolers	297
	Introduction	298
	Physical growth: dynamic systems and all jazzed up!	298
	Motor development	299

Contents

ix



х

	Toilet training	30
	Attention deficit/hyperactivity disorder (ADHD)	304
	Motor coordination problems: clumsy children	306
	Children and drawing	307
	Chapter summary	313
13	Cognitive development of pre-schoolers	314
	Introduction	315
	Theoretical foundations	315
	Experiments in pre-operational children's thinking	319
	The 'magic' world of the pre-schooler	323
	Imaginary companions of pre-schoolers	324
	Children and fairytales	325
	Bruner and child development	327
	Children and computers	329
	Language and the pre-schooler	332
	Chapter summary	339
14	Social and emotional development of pre-schoolers	340
	Introduction	34]
	Theoretical foundations	341
	Who am I? The developing sense of self	344
	Children's developing understanding of selfhood	346
	Conflict	346
	Adjusting to school	348
	Child abuse and neglect	350
	School bullying	354
	Chapter summary	366
Part 6	Middle Childhood	369
1!	Physical development in middle childhood	37 <i>′</i>
	Introduction	372
	Gross motor development	372
	Somatotype	375
	Girls and sport	377
	Food and physical activity	382
	Promoting physical activity	384
	Health in middle childhood – mental health	389
	Chapter summary	392
	1	



Contents

хi

	16	Cognitive development in middle childhood	394
		Introduction	395
		Theoretical foundations	395
		Theory of mind	397
		Children's humour	398
		Learning – motivation to learn	400
		Approaches to learning/learning style	402
		Moral development	408
		Children's understanding of death	419
		Chapter summary	423
	17	Social and emotional development in middle childhood	425
		Introduction	426
		Theoretical foundations	426
		Friendship in middle childhood	431
		Stress	435
		Effects of divorce	443
		Behaviour management in school	445
		Chapter summary	450
Part 7		Adolescence	453
	18	Adolescent physical development and health issues	455
		Introduction	456
		Adolescence	456
		Images of adolescence	457
		Physical development	458
		Sex differences	461
		Overview of gender identity	467
		Adolescent health issues	467
		Eating disorders in adolescents	469
		Eating disorders in adolescents Adolescent risk taking	469 472
		Adolescent risk taking	
		Adolescent risk taking Schools as sites for mental health promotion	472
	19	Adolescent risk taking Schools as sites for mental health promotion Chapter summary	472 476
	19	Adolescent risk taking Schools as sites for mental health promotion	472 476 479
	19	Adolescent risk taking Schools as sites for mental health promotion Chapter summary Cognitive development in adolescence	472 476 479 481
	19	Adolescent risk taking Schools as sites for mental health promotion Chapter summary Cognitive development in adolescence Introduction	472 476 479 481 482
	19	Adolescent risk taking Schools as sites for mental health promotion Chapter summary Cognitive development in adolescence Introduction Brain development	472 476 479 481 482 482



хii

	Information processing	492
	R. J. Havighurst and developmental tasks	494
	The SOLO taxonomy	497
	Social cognition and ego development	499
	Chapter summary	503
20	Social and emotional development in adolescence	504
	Introduction	505
	Theoretical foundations	505
	Contemporary views on adolescent development	507
	Loneliness	514
	Friendships	516
	Juvenile delinquency	517
	Adolescent love	521
	Adolescence: a synthesis	525
	Chapter summary	528
Part 8	Studying Human Development	531
21		533
	Introduction	534
	Child study	534
	Competent family functioning	539
	Development across the life-cycle	541
	Chapter summary	549
	Glossary	551
	References	563
	Index	612