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Memoirs of the Lady Hester Stanhope

Charles Lewis Meryon (1783–1877) was the personal physician to the unconventional and adventurous Lady Hester Stanhope (1776–1839), who left England in 1810 to travel to the Middle East. She eventually settled in Lebanon and by the time she died no longer had contact with any Europeans. Meryon's *Travels of Lady Hester Stanhope* (also reissued in this series) recounted her journey during the first seven years he spent with her before returning to England to complete his medical training. Over the next twenty years, they remained in contact and he stayed with her on two more occasions before she died. In this three-volume work, first published in 1845, Meryon presents letters he received from her and recounts their conversations, giving a remarkable insight into the woman he describes as 'out of humour with all mankind'. Volume 1 covers events between 1823 and 1837, beginning with her letters imploring him to visit.



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Memoirs of the Lady Hester Stanhope

VOLUME 1

CHARLES LEWIS MERYON





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LADY HESTER STANHOPE.

London Henry Colburn, 1845.



MEMOIRS

OF THE

LADY HESTER STANHOPE,

AS RELATED BY HERSELF

IN CONVERSATIONS WITH HER PHYSICIAN;

COMPRISING

HER OPINIONS AND ANECDOTES OF SOME OF THE MOST REMARKABLE PERSONS OF HER TIME.

All such writings and discourses as touch no man will mend no man.--Tyens's Rhapsody on Pope.

IN THREE VOLUMES.

VOL. I.

LONDON: HENRY COLBURN, PUBLISHER,

GREAT MARLBOROUGH STREET.

1845.



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PREFACE.

There are some people in the world whose pride is so great or so little, that the remarks of any individual, respecting their condition, do not affect them one way or the other. Such a person was Lady Hester Stanhope; and I beg leave, at the outset of this work, to apprize the reader, in the most explicit terms, that I have published nothing, in what I am about to submit to his perusal, which she would not have desired to be now made known. As a professional man, who was for many years her physician, I may naturally be supposed to feel a deep interest about her; and, when I had seen her in the first epoch of her peregrinations, dwelling in palaces, surrounded with all the luxuries common to her rank, and courted and admired by all who had access to her, I could not but be poignantly affected in beholding the privations to which she was latterly sub-



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jected. My object being to portray a character which is not duly appreciated by people in general, I could devise no better means than that of giving a diary of her conversations, wherein her observations on men and things fall naturally from her own mouth.

Whilst I acknowledge my own unfitness for such a work, my chief reason for undertaking it is the possession of numerous memoranda, resembling the unfashioned marble fresh from the quarry, rudely shaped, but, to the philosopher and moralist, bearing the marks of the soil from whence it was taken. Had I entrusted them to abler hands, to form into a more perfect composition, the materials might have been embellished, but it would have been at the expense of their originality.

Lady Hester Stanhope, noble by birth and haughty by nature, had carried out from England all the habits of her order; but a prolonged residence in the East amongst the Turks induced her to reflect on the different customs of those around her, and she adopted by degrees all such as she thought had good sense for their basis. Every year brought her nearer to the simplicity of nature, and taught her to throw down those barriers with which pride, reserve, and etiquette have hedged in persons of rank in this country—bar-



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riers, favourable to a complete separation between the rich and poor, the high and low, but which have also excluded our aristocracy from the enjoyment of many of the pleasures of life, and have too often made them the slaves of their own greatness.

The following pages are faithful transcripts of Lady Hester Stanhope's conversations. In the thousand and one nights that I have sat and listened to them, I have heard enough to compile an uninterrupted history of her life from her infancy to her death; but, of course, much has been necessarily suppressed, and much more forgotten: the reader, therefore, must content himself with a less continuous narrative, which, it is hoped, will not prove uninstructive, and is, at all events, strictly true. The phraseology of the speaker is religiously preserved, as will be readily acknowledged by those who have known her. In many instances it is but little conformable with the present style of English conversation: but any alterations made in it, to suit the fastidiousness of some tastes, would, by destroying the fidelity of the picture, shake the authenticity of what remains.

I have touched slightly on Lady Hester Stanhope's religious opinions; and although I am quite sure that a traveller was seldom, if ever, allowed to depart from



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her presence without an insight into her sentiments on these points, even from the little I have said, it will be plain that not one has done her justice in speaking of them.

I sincerely trust that nothing will be found in the following pages which can with just cause wound the feelings of any *living* person: and it is to be borne in mind that chagrin and disappointment had soured Lady Hester's temper, and put her out of humour with all mankind; so that her praise and blame must be received with all due reservation.

Before I conclude, I think it necessary to add a few lines respecting the last months of her existence. Lady Hester Stanhope died, as far as I have been able to learn, unattended by a single European, and in complete isolation. I was the last European physician or medical man that attended her, and I was most anxious and willing, (foreseeing her approaching fate as I did) to continue to remain with her: but it was her determined resolve that I should leave her, and those who have known her can not deny that opposition to her will was altogether out of the question.

There is no doubt that, by prolonging my stay on Mount Lebanon, I might have been of considerable



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service to her ladyship. She was about to shut herself up alone, without money, without books, without a soul she could confide in; without a single European, male or female, about her; with winter coming on, beneath roofs certainly no longer waterproof, and that might fall in; with war at her doors, and without any means of defence except in her own undaunted courage; with no one but herself to carry on her correspondence; so that everything conspired to make it an imperative duty to remain with her: yet she would not allow me to do so, and insisted on my departure on an appointed day, declaring it to be her fixed determination to remain immured, as in a tomb, until reparation had been made her for the supposed insult she had received at the hands of the British government.

It would have been expected that the niece of Mr. Pitt, and the grand-daughter of the great Lord Chatham, might have laid claim to some indulgence from those whose influence could help or harm her; and that her peculiar situation in a foreign country, among a people unacquainted with European customs and habits, (being left as she was to her own energies to meet the difficulties which encompassed her) might have exempted her from any annoyance, if it did not



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obtain for her any aid. A woman sixty years old, with impaired health, inhabiting a spot removed many miles from any town, amidst a population whom their own chiefs can hardly keep under control, was no fit object, one would think, for molestation under any circumstances; but, when the services of Lady Hester's family are put into the scale, it seems wonderful how the representations of interested money-lenders could have had sufficient weight with those who guided the State to induce them to disturb her solitude and retirement. Will it be believed that, when in August, 1838, I took leave of her, the beam of the ceiling of the saloon, in which she ordinarily sat, was propped-up by two unsightly spars of wood, for fear the ceiling should fall on her head; and that these deal pillars, very nearly in the rough state in which they had been brought from the North in some Swedish vessel. stood in the centre of the room? Her bed-room was still worse; for there the prop was a rough unplaned trunk of a poplar-tree, cut at the foot of the hill on which her own house stood.

It may be asked whether there were no carpenters or masons in that country? There certainly were both; but, where carriage is effected on the backs of camels



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and mules and there are no wheeled vehicles whatever, in a sudden emergency, (such as the cracking of a beam,) resort must be had to the most ready expedient for immediate safety; and, with her resources cramped by the threatened stoppage of her pension, her ladyship could not venture on new-roofing her rooms—a work of time and expense.

The perusal of the narrative which is here submitted to the reader will sufficiently account for Lady Hester's debts, and the most cursory visit to her habitation at Jôon (or Djoun, as the French write it) would have proved to anybody that the money which she had borrowed was never expended on her own comforts:—a tradesman's wife in London had ten times as many. Having no other servants but peasants, although trained by herself, she could scarcely be said to have been waited on; and a tolerable idea may be formed of their customary service, when an eye-witness can say that he has seen a maid ladling water out of a cistern with the warming-pan, and a black slave putting the teapot on the table, holding it by the spout, and the spout only.

But these were trifles, in comparison with the destruction and pilfering common to the negresses and peasant girls; and so little possibility was there of



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keeping any article of furniture or apparel for its destined purpose, that, after many years of ineffectual trouble, she, who was once, in her attire, the ornament of a court, might now be said to be worse clad than a still-room maid in her father's house. Her ladyship slept on a mattress, on planks upheld by tressels, and the carpeting of her bed-room was of felt. She proclaimed herself, with much cheerfulness, a philosopher; and, so far as self-denial went, in regard to personal sumptuousness, her assertion was completely borne out in garb and furniture. How far she deserved that title, upon the higher grounds of speculative science and the extraordinary range of her understanding, let those say who have shared with the writer in the profound impression which her conversation always left on the minds of her hearers.

Peace be with her remains, and honour to her memory! A surer friend, a more frank and generous enemy, never trod the earth. "Show me where the poor and needy are," she would say, "and let the rich shift for themselves!" As free from hypocrisy as the purest diamond from stain, she pursued her steady way, unaffected by the ridiculous reports that were spread about her by travellers, either malicious or misinformed, and not to be deterred from her noble,



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though somewhat Quixotic enterprises, by ridicule or abuse, by threats or opposition.

I take this opportunity of thanking the Chevalier Henry Guys, French Consul at Aleppo, for the communication he so liberally made me of the correspondence between Lady Hester Stanhope and himself, and from which I have selected such letters as bore on the subjects noticed in the diary. The reader will form the best estimate of that gentleman's merits from a perusal of them.

THE AUTHOR.

London, June 18, 1845.





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