

Contents

1	Diagnostic Tests in Cardiology	1
1.1	Diagnostic Tests: Overview	1
1.2	Diagnostic Tests in Cardiology	4
1.2.1	Serum Analysis	4
1.2.2	The Electrocardiogram	4
1.2.3	X-Ray Techniques Used in Cardiology	7
1.2.4	MRI	10
1.2.5	Echocardiography	12
1.2.6	Nuclear Perfusion Scan (Myocardial Scintigraphy)	19
1.2.7	Myocardial Biopsy	21
1.2.8	Other Diagnostic Applications	21
	Bibliography	22
	Guidelines	22
	Suggested Reading	22
2	Coronary Artery Disease	23
2.1	Atherosclerosis	23
2.1.1	Cardiovascular Disease: Background	23
2.1.2	Atherosclerosis: Definition and Mechanisms	23
2.1.3	Risk Factors for Atherosclerosis	25
2.1.4	Atherosclerosis: Diagnosis	33
2.1.5	Atherosclerosis: Treatment	34
2.2	Ischemia: Overview	34
2.2.1	Definition and Mechanisms	34
2.2.2	Clinical Manifestations	34
2.2.3	Ischemia Workup	35
2.2.4	Evaluation for Cardiovascular Risk Before Noncardiac Surgery	44
2.2.5	Ischemia: Therapy	45
2.3	Ischemia: Clinical Syndromes	56
2.3.1	Overview	56
2.3.2	Acute Coronary Syndrome	56
2.3.3	Stable Angina Pectoris	92
	Bibliography	94
	Guidelines	94
	Suggested Reading	95

3	Disorders of Blood Pressure	97
3.1	Normal and Abnormal Blood Pressure (BP)	97
3.2	Mechanisms of HTN	99
3.2.1	Primary HTN	99
3.2.2	Secondary HTN	100
3.3	HTN: Diagnosis, Clinical Picture, and Complications	100
3.3.1	Measuring Methods and Pitfalls	100
3.3.2	Normal and Increased BP Values	103
3.3.3	HTN: Clinical Considerations	105
3.4	HTN Emergencies	107
3.5	HTN Diagnosis	108
3.6	The Treatment of HTN	108
3.6.1	Nonpharmacologic Therapy	109
3.6.2	Pharmacological Therapy	110
3.6.3	Strategies of Antihypertensive Therapy	120
3.7	Arterial Hypotension	122
3.7.1	General Considerations	122
3.7.2	Syncope	124
3.8	Abnormalities in Venous and Lymphatic Pressure	130
	Bibliography	130
	Guidelines	130
	Suggested Reading	130
4	Heart Failure	131
4.1	The Syndrome of Heart Failure	131
4.1.1	Ventricular Function: General Remarks	131
4.1.2	Heart Failure	135
4.2	Cardiomyopathy	157
4.2.1	Dilated Cardiomyopathy	158
4.2.2	Hypertrophic Cardiomyopathy	161
4.2.3	Restrictive CMP	165
4.2.4	Primary RV CMP	165
	Bibliography	166
	Guidelines	166
	Suggested Reading	166
5	Valvular Heart Disease	167
5.1	General Remarks	167
5.1.1	Clinical Diagnosis and Work-Up of VHD	167
5.1.2	Treatment of VHD: General Principles	168
5.1.3	Rheumatic Fever	169
5.2	Mitral Stenosis (MS)	171
5.2.1	General Remarks	171
5.2.2	MS Diagnosis	172
5.2.3	MS Therapy	175
5.3	Mitral Regurgitation (MR)	178
5.3.1	Acute MR	178
5.3.2	Chronic MR	178
5.4	Aortic Stenosis (AS)	183
5.4.1	General Remarks	183

5.4.2	AS Diagnosis	184
5.4.3	AS Treatment	186
5.5	Aortic Insufficiency (AI)	187
5.5.1	Acute AI	187
5.5.2	Chronic AI	188
5.5.3	AI-Therapy	190
5.6	Tricuspid Stenosis (TS)	190
5.7	Tricuspid Regurgitation (TR)	191
5.7.1	Etiology	191
5.7.2	Diagnosis	191
5.7.3	TR-Therapy	191
5.8	Pulmonic Stenosis	193
5.8.1	Etiology	193
5.8.2	Diagnosis	193
5.8.3	PS Management	194
5.9	Pulmonic Insufficiency (PI)	194
5.10	Combined VHD	194
5.11	Prosthetic Valves	194
5.11.1	General Remarks	194
5.11.2	Prosthetic Valve Choice	195
5.11.3	Management of Prosthetic Valves	196
5.11.4	Management of Complications Related to Prosthetic Valves	197
5.12	Special Situations in Patients with VHD	197
5.12.1	Noncardiac Surgery	197
5.12.2	Pregnancy and Delivery	199
5.13	Infective Endocarditis (IE)	199
	Bibliography	199
	Guidelines	199
	Suggested Reading	199
6	Rhythm and Conduction Disorders	201
6.1	Supraventricular Tachyarrhythmia	201
6.1.1	General Remarks	201
6.1.2	SVT: Clinical Entities	210
6.2	Bradyarrhythmia	231
6.2.1	Sinus Node Disease	232
6.2.2	Electrical Impulse Conduction Disturbances	234
6.3	Ventricular Arrhythmia	240
6.3.1	Clinical Entities	240
6.3.2	Cardiac Arrest and SCD	253
	Bibliography	255
	Guidelines	255
	Suggested Reading	256
7	Pericardial Disease	257
7.1	Background	257
7.2	Pericardial Disease	257
7.2.1	Congenital Anomalies and Normal Variants	258
7.2.2	Pericardial Effusion	258

7.2.3	Pericarditis.	260
7.2.4	Pericardial Tamponade (PT)	263
7.2.5	Constrictive Pericarditis (CP)	263
7.2.6	Pericardial Tumors	265
	Bibliography	266
	Guidelines	266
	Suggested reading	266
8	Cardiac Masses	267
8.1	Normal Anatomical Variants	267
8.2	Man-Made Structures	267
8.3	Cardiac Tumors.	268
8.3.1	Benign Cardiac Tumors	268
8.3.2	Malignant Tumors.	269
8.4	Intracardiac Thrombi	269
8.5	Rheumatoid Nodules	270
8.6	Infective Endocarditis	270
8.6.1	Definition and Etiology.	270
8.6.2	IE Diagnosis	270
8.6.3	Therapy of IE	273
8.6.4	IE in Intravenous Drug Abusers	275
	Bibliography	276
	Guidelines	276
	Suggested Reading.	276
9	Physical Damage to the Heart.	277
9.1	Cardiac Trauma.	277
9.2	High Altitude	278
9.3	Radiation.	278
9.4	Electrocution.	279
9.5	Drowning	279
9.6	Thermic Injury to the Heart	279
9.6.1	Hypothermia	279
9.6.2	Hyperthermia.	280
9.7	Decompression (“Caisson”) Disease	280
	Bibliography	280
	Suggested Reading.	280
10	Congenital Heart Disease	281
10.1	CHD: General Remarks	281
10.1.1	Background	281
10.1.2	Pathophysiology	281
10.1.3	Clinical Picture of CHD	284
10.1.4	CHD Workup.	284
10.1.5	Management	284
10.1.6	CHD Prognosis	286
10.1.7	CHD and Pregnancy	287
10.1.8	CHD and Physical Activity/Sports	287
10.1.9	CHD and Flying	287
10.2	CHD Syndromes.	287
10.2.1	Introduction.	287

10.2.2	Noncyanotic CHD with a L–R Shunt	288
10.2.3	CHD with R–L Shunt (Cyanotic)	293
10.2.4	CHD without a Shunt	299
10.2.5	Miscellaneous CHD	300
	Bibliography	303
	Guidelines	303
	Suggested Reading.	303
11	Angiology: Diseases of the Blood Vessels.	305
11.1	Background.	305
11.2	Diseases of the Aorta	305
11.2.1	Aortic Dissection.	305
11.2.2	Aortic Aneurysm.	308
11.2.3	Aortitis.	309
11.2.4	Diseases of the Large Branches of the Aorta	309
11.3	Venous Disease	319
11.3.1	Diseases of the Head Veins	319
11.3.2	Diseases of the Thoracic Veins	320
11.3.3	Diseases of the Abdominal Veins	320
11.3.4	Diseases of the Limb Veins.	320
11.4	Pulmonary Embolism (PE).	323
11.5	Pulmonary Arterial Hypertension (PAH)	325
11.6	Vasculitis.	327
11.6.1	General Remarks.	327
11.6.2	Small-Vessel Vasculitis	329
11.6.3	Mid-Sized Artery Vasculitis	329
11.6.4	Large-Artery Vasculitis	330
11.7	Telangiectasias	331
11.8	Vascular Tumor.	331
11.8.1	Benign Tumors	331
11.8.2	Malignant Tumors.	332
11.9	Diseases of the Lymphatic Vessels	332
11.9.1	General Remarks.	332
11.9.2	Lymphedema.	332
	Bibliography	332
	Guidelines	332
	Suggested Reading.	333
12	Heart Disease in Special Populations.	335
12.1	Background.	335
12.2	Heart Disease in the Nonpregnant Woman.	335
12.2.1	General Remarks.	335
12.2.2	Syndrome X	336
12.2.3	The Takotsubo Syndrome	336
12.2.4	Other Clinical Particularities.	337
12.3	Heart Disease in Pregnancy	337
12.3.1	Physiologic Changes of Pregnancy, Relevant to the Cardiac Function	337
12.3.2	Cardiovascular Disease in Pregnancy	337
12.3.3	Workup of Heart Disease in Pregnancy	340

12.3.4	Management of Heart Disease in Pregnancy	340
12.3.5	Fetal Risk	342
12.4	Male Gender	342
12.5	Heart Disease in Athletes	342
12.6	Heart Disease in the Elderly	342
12.6.1	Coronary Artery Disease.	343
12.6.2	VHD	343
12.6.3	Arrhythmia	343
12.6.4	HF	343
12.6.5	CVA.	344
12.7	Ethnicity and Heart Disease	344
12.8	HIV Infection and Heart Disease	344
12.9	Moderate-to-Severe Obstructive Sleep Apnea	344
12.10	Heart Disease in Children.	345
	Bibliography	345
	Guidelines	345
	Suggested Reading.	345
	Glossary	347
	Index	351