Contents

Section 1. Introduction and Overview of Findings

1 Introduction and Background ............................................. 3
   Cheryl Vince Whitman and Carmen Aldinger

2 Framing Theories and Implementation Research ...................... 19
   Cheryl Vince Whitman

3 Overview of Findings from Case Study Analysis .................... 35
   Cheryl Vince Whitman and Carmen Aldinger

Section 2. Case Studies

Africa

4 Kenya: Action-Oriented and Participatory Health Education in
   Primary Schools ........................................................... 85
   W. Onyango-Ouma, D. Lang’o, and B.B. Jensen

5 Mauritius: Health Promotion for Youth ............................... 97
   Odete Moises Cossa

6 Nigeria: Health-Promoting Schools ...................................... 105
   Olusola Odujinrin

7 South Africa: Sapphire Road Primary .................................. 115
   Bruce Damons and Sean Abrahams

The Americas

8 Barbados: School Health Case Study ................................... 127
   Patricia Warner
9 Brazil: Addressing the Social Determinants of Health: The Experience of a Municipal School in Rio de Janeiro .......... 133
Sergio Meresman, Avamar Pantoja, and Carlos da Silva

10 Canada: The Evolution of Healthy Schools in Ontario, Canada: Top-Down and Bottom-Up .............................................. 143
Carol MacDougall and Yvette Laforêt-Fliesser

11 Nicaragua: The Social “Treasure” of Participation ................. 159
Sergio Meresman and Anyoli Sanabria

12 USA: The Michigan Journey Toward Coordinated School Health ............................................................ 171
Laurie Bechhofer, Barbara Flis, Kyle Guerrant, and Kimberly Kovalchick

13 Uruguay: Mainstreaming Health Promotion in Education Policies ................................................................. 187
Sergio Meresman

Europe

14 Germany: Anschub.de – “Alliance for Sustainable School Health and Education” ....................................................... 195
Peter Paulus

15 Kosovo: A Health-Promoting Schools Approach to Reduce the Risks of Lead Poisoning and to Establish Cross-Ethnic Collaboration ................................................................. 205
Ian Young and Ardita Tahirukaj

16 Poland: The Health-Promoting School National Certificate ................................................................. 213
Barbara Woynarowska and Maria Sokolowska

17 Scotland: Sustaining the Development of Health-Promoting Schools: The Experience of Scotland in the European Context ...... 225
Ian Young and Anne Lee

Eastern Mediterranean

18 Bahrain: National Comprehensive School Health Program, Health-Promoting Schools .................................................. 239
Mariam AlMulla Al Harmas Al Hajeri, Lulwa Abd Al Aziz Al Thukair, and Nayara Sarhan