

Contents

Preface	vii
Acknowledgments	ix
List of Tables	xvii
1 Introduction	1
1. Science, Physics, and Biology	1
2. Plan of This Book	3
3. Two Examples of Biophysical Systems: The Single Cell E. coli Bacteria and the Human Heart	4
4. The Atomic Nature of Matter	6
5. Mass, Density, and the Size of Atoms: Exercises in Estimation and Units .	8
Chapter Summary	12
Questions/Problems	13
2 Newton's Laws of Motion for a Particle Moving in One Dimension ...	15
1. Position, Velocity, and Acceleration in One Dimension	16
2. Newton's First Law of Motion	21
3. Force in One Dimension	23
4. Mass and Newton's Law of Gravity	25
6. Newton's Second Law of Motion in One Dimension	28
7. Newton's Third Law	30
8. Diffusion	33
Chapter Summary	35
Questions/Problems	36
3 Applications of Newton's Laws of Motion in One Dimension	43
1. The Constant Force	43
2. Motion in a Viscous Fluid	49
3. Hooke's Law and Oscillations	53
4. Forces on Solids and Their Elastic Response; Biomaterials and Viscoelasticity	60
5. Structure and Molecular Dynamics of Proteins	66
Chapter Summary	71
Questions/Problems	71
4 Work and Energy in One Dimension	77
1. Work	77
2. Kinetic Energy and the Work–Energy Theorem	80
3. Potential Energy and the Conservation of Energy	82
4. Forces from Energy	87
5. Power	91

Chapter Summary	92
Questions/Problems	93
5 Motion, Forces, and Energy in More than One Dimension	97
1. Vector Algebra	97
2. Kinematics	101
3. Dynamics	106
4. Work and Energy	110
5. Contact Frictional Forces	113
6. Circular Motion Dynamics	118
7. Centrifugation	122
Chapter Summary	124
Questions/Problems	125
6 Momentum	139
1. Momentum	139
2. Center of Mass	145
3. Center of Mass Motion: Newton's Second Law and Conservation of Momentum	150
Chapter Summary	155
Questions/Problems	156
7 Rotational Motion	161
1. Rotational Kinematics	162
2. Rotational Energy	165
3. Torque and Rotational Dynamics of a Rigid Body	172
4. Angular Momentum	179
5. Atomic Force Microscopy	185
6. Rotational Diffusion; Cell Membrane Dynamics	186
7. Static Equilibrium	189
Chapter Summary	193
Questions/Problems	194
8 Ideal Fluids	205
1. Introduction	205
2. Pressure	207
3. Dynamics of Nonviscous Fluids: Types of Flow	209
4. Conservation Laws of Fluid Dynamics	211
5. Hydrostatics: Effects of Gravity	217
6. The Measurement of Pressure	222
Chapter Summary	225
Questions/Problems	225
9 Viscous Fluids	231
1. Viscosity of Simple Fluids	231
2. Blood and Other Complex Fluids	236
3. The Human Circulatory System	237
4. Surface Tension and Capillarity	241
Chapter Summary	244
Questions/Problems	245
10 Waves and Resonance	249
1. Simple Harmonic Motion Revisited: Damping and Resonance	249
2. Wave Concepts	254

3. Traveling Waves	256
4. Waves at a Boundary: Interference	258
5. Standing Waves and Resonance	261
Chapter Summary	264
Questions/Problems	265
11 Sound	269
1. Basics	269
2. Intensity of Sound	271
3. Superposition of Sound Waves	273
4. Producing Sound	279
5. The Human Ear: Physiology and Function	282
6. The Doppler Effect in Sound	286
7. Ultrasound	288
Chapter Summary	292
Questions/Problems	292
12 Temperature and Heat	297
1. Temperature and Thermal Equilibrium	297
2. Thermal Expansion and Stress	300
3. Internal Energy and the Ideal Gas	304
4. The First Law of Thermodynamics	308
5. Thermal Properties of Matter	312
6. Vapor and Osmotic Pressure; Membrane Transport and the Kidney	317
7. Heat Transfer Mechanisms	321
Chapter Summary	325
Questions/Problems	326
13 Thermodynamics: Beyond the First Law	331
1. Entropy and the Second Law of Thermodynamics	331
2. Gibbs Free Energy	337
3. Biological Applications of Statistical Thermodynamics	341
Chapter Summary	344
Questions/Problems	345
14 Electric Forces and Fields	347
1. Electric Charge and Charge Conservation	347
2. Coulomb's Law	349
3. Conductors and Insulators	352
4. Electric Fields	353
5. Principles of Electrophoresis; Macromolecular Charges in Solution ...	360
6. Modern Electrophoresis Methods	361
7. (Optional) Gauss's Law	363
Chapter Summary	366
Questions/Problems	367
15 Electric Energy and Potential	373
1. Electric Potential Energy	373
2. Electric Potential	375
3. Electric Dipoles and Charge Distributions	378
4. Atomic and Molecular Electrical Interactions	382
5. Static Electrical Properties of Bulk Matter	384
6. Capacitors and Membranes	386

7. Membrane Channels: Part I	392
8. Electric Potential Mapping of the Human Body:	
Heart, Muscle, and Brain	393
Chapter Summary	396
Questions/Problems	397
16 Electric Current and Cell Membranes	401
1. Electric Current and Resistance	401
2. Ohm's Law and Electrical Measurements	406
3. Membrane Electrical Currents	412
4. Overview of Nerve Structure and Function; Measurement Techniques ..	415
5. Electrical Properties of Neurons	418
6. Membrane Channels: Part II	421
Chapter Summary	424
Questions/Problems	425
17 Magnetic Fields	431
1. Magnetic Fields and Forces	432
2. Torque and Force on a Magnetic Dipole	437
3. The Stern–Gerlach Experiment and Electron Spin	438
4. Producing B fields	439
5. (Optional) Ampere's Law	444
Chapter Summary	446
Questions/Problems	446
18 Electromagnetic Induction and Radiation	453
1. Electromagnetic Induction and Faraday's Law	453
2. Nuclear Magnetic Resonance (NMR)	460
3. Magnetic Resonance Imaging	467
4. Maxwell's Equations; Electromagnetic Radiation	470
Chapter Summary	472
Questions/Problems	472
19 Electromagnetic Waves	477
1. Electromagnetic Waves	477
2. Laser Tweezers	482
3. Polarization	485
4. The Electromagnetic Spectrum	488
5. The Quantum Theory of Radiation: Concepts	489
6. The Interaction of Radiation with Matter; A Primer on Spectroscopy ..	491
Chapter Summary	497
Questions/Problems	498
20 Geometrical Optics	503
1. Optical Properties of Matter	503
2. Light at an Interface	505
3. Spherical Mirrors	509
4. Optical Fibers and Their Applications in Medicine	514
Chapter Summary	517
Questions/Problems	518
21 Optical Lenses and Devices	523
1. Optical Lenses	523
2. The Human Eye	530
3. Optical Devices: The Magnifying Glass and Optical Microscope	536

Chapter Summary	538
Questions/Problems	538
22 Wave Optics	543
1. Diffraction and Interference of Light	543
2. Single-, Double-, and Multiple-Slits and Interferometers	548
3. Resolution	556
Chapter Summary	559
Questions/Problems	560
23 Imaging Using Wave Optics	563
1. The New Light Microscopies	563
2. Optical Activity; Applications of Light Polarization	568
3. Electron Microscopy	571
4. X-rays: Diffraction and Computed Tomography (CT)	573
Chapter Summary	577
Questions/Problems	578
24 Special Relativity and Quantum Physics	581
1. Special Relativity: Mass–Energy and Dynamics	581
2. Overview of Quantum Theory	585
3. Wave Functions; the Schrödinger Equation	590
4. Uncertainty Principle; Scanning Tunneling Microscope	593
Chapter Summary	598
Questions/Problems	600
25 The Structure of Matter	603
1. The Simple Hydrogen Atom	603
2. Quantum Numbers and Spin	607
3. The Pauli Exclusion Principle; The Periodic Table and Chemistry	610
4. Spectroscopy of Biomolecules Revisited	613
5. Lasers and Their Applications in Biology and Medicine	618
Chapter Summary	627
Questions/Problems	628
26 Nuclear Physics and Medical Applications	633
1. Nuclear Size, Structure, and Forces	633
2. Binding Energy and Nuclear Stability	635
3. Types of Radiation and Their Measurement	638
4. Half-Life and Radioactive Dating	642
5. Dosimetry and Biological Effects of Radiation	645
6. Radioisotopes and Nuclear Medicine	647
7. SPECT and PET: Radiation Tomography	649
8. Fission and Fusion	652
Chapter Summary	655
Questions/Problems	656
Appendix I – Review of Mathematics	659
Appendix II – Table of the Elements	665
Appendix III – Answers to Odd-Numbered Multiple Choice and Problems	669
Figure Credits	687
Index	691